## 2025 WOMEN'S MARTIAL ARTS SYMPOSIUM Instructor Application

Our goal is to offer an exciting day of classes to inspire, educate and support women in the martial arts. To do that, we need exciting and knowledgeable instructors!

Are you a highly experienced woman who teaches, runs a school, or has specialized knowledge and skills of particular value to women martial artists? Do you know other women who would make great presenters at our conference?

We are especially interested in class topics having to do with business and professional development; "how to teach" skills – especially ones addressing students at different levels, ages, or needs; advanced workouts; development and retention of advanced students; teaching self-defense to diverse populations; theory and principles of our various arts. In general, those who apply to be an instructor should have at least 25 years of martial arts training, however we will consider all applications.

In return for their time, instructors receive free entry to the symposium and a monetary gift.

If you have a question, please contact Diane Cooling at dianeoc@thepowma.org.

Submit all materials (in .doc, .docx, or .pdf format. Headshot photo in .jpg format) to dianeoc@thepowma.org by Friday, January 31, 2025.

**DEADLINE TO APPLY: January 31, 2025** 

## Checklist for Instructors

All the materials listed are required for your application to be considered.

- Resume (martial arts/self defense) including your contact information
   (300 words, maximum)
- 2. Biography (200 words, max)
- 3. Headshot (300 dpi)
- One to three proposals (100 words each, max)
- 5. Time slots can be anywhere from 30 minutes to 90 minutes. Please specify how much time you need for each proposal.
- Room setup and/or what students should bring for training (i.e., Escrima, knives, stretch bands, etc.)
- 7. **Deadline to submit** application: Friday, Jan. 31, 2025.